

## UC San Diego Campus Resources for International Students

### International Students & Programs Office

International Students & Programs Office (ISPO) Phone: 858-534-3730  
[istudents@ucsd.edu](mailto:istudents@ucsd.edu)  
<http://ispo.ucsd.edu/>  
International Students & Programs Office, UC San Diego  
9500 Gilman Drive, 0018  
La Jolla, CA 92093-0018  
**Hours:** Monday-Friday, 9am – 4pm

### Immigration Basics

Maintaining F-1 /J-1 status <http://ispo.ucsd.edu/current-students/f-1-students/maintaining-f-1-status.html>

I-94 information <http://cbp.gov/I94>

F-1 students must take Practical Training workshops to work off-campus [Curricular Practical Training \(CPT\)](#) or [Optional Practical Training \(OPT\)](#)

J-1 students must take Academic Training to work off-campus [Academic Training](#)

iTriton Online Training <http://ispo.ucsd.edu/new-students/itriton.html>

### Academic Success

Academic Integrity Office 858-822-2163 or [aio@ucsd.edu](mailto:aio@ucsd.edu)  
academicintegrity.ucsd.edu 301 University Center

How not to plagiarize <http://tinyurl.com/citingatUCSD>

### Health, Wealth, and Safety

Student Health Services (SHS) 858-534-3300  
On Library Walk, west of the Price Center, south of Geisel Library

Nurse Advice Line when SHS is closed 858-534-3300 and select “after hours advice” to speak with a nurse

Student Health Insurance Plan (SHIP) [studenthealth.ucsd.edu/ucshipabout.shtml](http://studenthealth.ucsd.edu/ucshipabout.shtml)

Recreation 858-534-4037 [recreation.ucsd.edu](http://recreation.ucsd.edu)

Healthy relationships – Sexual Assault & Violence Prevention Resource Center 858-534-5793 <https://students.ucsd.edu/sponsor/sarc/>  
Student Services Center, Room 555

The Zone 858-534-5553  
<http://wellness.ucsd.edu/zone/Pages/default.aspx>

Counseling and Support Services (**CAPS**)      858-534-3755 [caps.ucsd.edu](http://caps.ucsd.edu)  
Walk-in Galbraith Hall 190  
M-F: 8:00-4:30

**UCSD Police Department**                      **858-534-HELP** (4357) [police.ucsd.edu](http://police.ucsd.edu)

Community Service Officers (**CSOs**)              Call **858-534-WALK** (9255) for a safety escort

## U.S. Basics

SSN- if you work in the U.S.                      <http://ispo.ucsd.edu/current-students/f-1-students/working-in-usa/f-1-social-security.html>

ITIN – if you do NOT work in the US <http://ispo.ucsd.edu/current-students/f-1-students/itin-info.html>

Banking and money issues                      <http://ispo.ucsd.edu/new-students/living-in-san-diego/money-banking.html>

To make phone calls                              To other area codes within U.S.: (1) + (area code) + (7-digit number)  
To another country: (011) + (country code) + (city code) + (number)

Data networks on campus                      <http://blink.ucsd.edu/technology/network/connections/wireless/index.html>

Transportation                                      **San Diego Transit:** [www.sdmts.com](http://www.sdmts.com) (Your school fees cover the cost of a  
Regional Transit Universal Pass (or, UPass)

**Driver's License:** <http://ispo.ucsd.edu/new-students/getting-started-ucsd/index.html#California-Driver's-License> (California Driver's License section)

**Parking permits:** <https://transportation.ucsd.edu/parking/permits/>

Filing Income Tax                                      <http://ifso.ucsd.edu/living-in-sd/taxes/index.html>

Welcome Week                                      <http://ispo.ucsd.edu/new-students/welcome-programs.html>

On Campus Orientation                              <http://ispo.ucsd.edu/new-students/orientation.html>