Working in the USA

International Students & Programs Office
Academic Internship Program
Career Center
Intern and Learn!

Academic Internship Program

UC San Diego
INTRODUCTION

- Introduction
- Benefits
- Special Programs
- Eligibility
- Planning
- Contact

Hands-on experience in a professional internship setting

Upper division, P/NP credit (counts for some majors and programs)

Work with faculty on a research paper related to your academic discipline
Benefits

- Internship Experience
- UCSD Course Academic Credit
- Networking
- Research and Writing Skills
- Technical and Soft Skills
- Connect with Faculty

4-12 Units
**Support**

- Database for internships: *InternLink or REAL Portal*

**Support from Assigned Counselors:**
- Assigned by major
- Find and develop internships
- Resume and cover letter writing / review

**Customized transcript notation**

**Upper-Division electives:**
- Majors/Minors
- College requirements
<table>
<thead>
<tr>
<th>Introduction</th>
<th>Sciences: Research labs, health clinics, dental clinics, optometry, veterinary clinics, animal wildlife centers</th>
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</thead>
<tbody>
<tr>
<td>Benefits</td>
<td>Communication: TV/ radio station, PR firms, magazine/ newspaper, marketing/ event planning firms, advertising firms</td>
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<tr>
<td>Special Programs</td>
<td>Social Sciences: Non-profit organizations, government agencies, social service agencies, museums</td>
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<td>Eligibility</td>
<td>Engineering: Biotech companies, telecommunication, engineering firms, research firms, technology companies</td>
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<tr>
<td>Planning</td>
<td>Political Science: Government agencies, law firms, non-profit agencies</td>
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<tr>
<td>Contact</td>
<td>Economics/ Management Science: Banking, consulting firms, accounting firms, wealth management firms</td>
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<td>Arts &amp; Humanities: Museums, schools, theaters, video production companies, digital media</td>
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INTERNERSHIPS: EVERY MAJOR, EVERY FIELD

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SagePoint Financial

The Scripps Research Institute

Therapy Changes

Writers House

Merrill Lynch Wealth Management

Bank of America Corporation

Cassidy & Associates Real Estate, Inc.
Live, learn, and intern in Washington DC. A unique opportunity to intern full-time on our nation’s capital while earning UCSD credit!

Gain real policymaking experience in Sacramento. Intern and take classes in California’s capitol

International Students are eligible
Available Year-Round
Open to all majors
Internships available in every field
BIOLOGY RESEARCH INTERNSHIP PROGRAM

• Introduction
• Benefits
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Intern at The Scripps Research Institute (TSRI)

Biology Research Internship Program
BISP 197 (4 units)

Research project/paper/presentation
• Open to all majors
• Currently enrolled undergraduate student at UCSD
• Completed at least one full time quarter at a UC campus

ELIGIBILITY

90 Units Completed

2.5 GPA

Open to all majors
Currently enrolled undergraduate student at UCSD
Completed at least one full time quarter at a UC campus
**PLANNING**

Plan ahead! Apply the quarter before you wish to earn credit!

- **AIP available every quarter & you can participate in the program for up to 3 quarters**
- **Minimum internship requirement:** 10 hours a week for 4 units of credit (2-unit option available for summer only)
- **PLAN**
  - Apply to internships
  - Find a Faculty Advisor
  - Submit Enrollment Paperwork to AIP by the deadline
- **CPT may be required – check with your ISPO advisor**
We look forward to your participation!
Career Center
Preparing Students for Career Success
Located on Library Walk

career.ucsd.edu

Monday – Friday
8:00am – 4:30pm

Walk-In Advising
Monday – Friday
10:00am – 3:00pm

Phone: (858) 534-3750
## Services @ The Center

### Career Education & Advising
- Career Exploration & Assessments
- Professional Development
- Graduate & Professional School
- Pre-Health/Pre-med
- Career Fair Preparation
- Resume Critiques

### Industry Engagement
- Student Employment
- Career Fairs
- Employer Office Hours
- On-Campus Interviewing
- Information Sessions
- Industry Networking Nights

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UC San Diego
Online Resources

• Port Triton: Career Services Center resources and job postings
• GoinGlobal: US job postings and employer H-1B information
• Big Interview: interview practice
• More tools at careertools.ucsd.edu
• Joint Career Center and ISPO resources for international students: iemployment.ucsd.edu
Career & Education Advising

• Career, graduate and professional school advising
  – 30-minute appointment scheduled through Port Triton
  – Career exploration, grad/prof/law/pre-med/pre-health
• Walk-in appointments available M-F, 10am-3pm
  – 15 minutes with Career Peer Educators
  – Resume/cover letter critique, career exploration, job search
• On-the-spot advising
  – Stationed at the 6 Colleges
  – On-the-spot schedule at cpep.ucsd.edu
Every year approximately 8,500 students work on-campus.

UCSD prioritizes students by offering positions that are less than 20 hours a week to students first, before hiring outside the University.

Tips for on-campus employment: http://career.ucsd.edu/student-employment/index.html
Career & Grad School Fairs

- Career Fairs (Quarterly-week 2)
- Professional & Grad School Fair (Fall-week 3)
- Health Professional School Fair (Spring-week 3)
Working in the U.S. with F-1 Status

- **On campus**: no separate authorization needed

- **Off campus**: must have authorization!
  - Curricular Practical Training (CPT): work in the field of study before graduation
  - Optional Practical Training (OPT): work in field of study before/after graduation
  - Financial Hardship: must prove substantial change in financial support
Important to Remember

• Primary purpose in U.S. is to study

• On campus work can begin immediately; CPT and OPT need completion of one academic year before authorized

• Work can be authorized for 20 hours a week during academic term, 40 hours during breaks and summer

• Volunteering: Great experience, but not legal if otherwise would be paid

• Social Security Number: cannot get social security number without job offer. Social Security Card is NOT work authorization
Review ISPO Website

• istudents.ucsd.edu
Working in the U.S. with J-1 Status

• On campus: must have authorization!

• Off campus: must have authorization – paid or unpaid!
  • Academic Training: work in field of study before/after graduation
How do you get authorization to work?

• Obtain job offer letter

• Request employment authorization letter form ISPO (if your sponsor is UCSD or from your sponsor if your J-1 documents are not issued by UCSD)
Resources

• Workshops

• Webinars

• Email: iemployment@ucsd.edu

• Advisors: walk in (MWThF, 9-12; 1-4) appointment
CONTACT US
istudents@ucsd.edu
(858) 534 - 3730
istudents.ucsd.edu

HOURS OF OPERATION
Monday - Friday
9am - 4pm