THINGS TO DO OVER FALL BREAK

Click the buttons to interact!
Thanksgiving Traditions

Family Gatherings
Thanksgiving is a time when families come together to celebrate. Many people travel long distances to be with their loved ones.

Feast
The centerpiece of Thanksgiving is a bountiful feast. This usually includes a roasted turkey, stuffing, mashed potatoes, gravy, cranberry sauce, and various side dishes.

Thanksgiving Dinner Prayer
Before the meal, it is common to say a prayer or express gratitude for the food and the blessings of the past year.

Thanksgiving Parade
Watching the Macy’s Thanksgiving Day Parade on TV is a tradition for many. The parade features giant balloons, floats, and performances.

Football
Football games are a big part of Thanksgiving for many families. Some play touch football in the backyard, while others watch NFL games on TV.

Volunteer Work
Some families volunteer at local shelters or community organizations to give back to those in need.

Black Friday Shopping
While not officially part of Thanksgiving, many people start their holiday shopping right after Thanksgiving dinner. Black Friday sales and shopping have become a tradition for some.

Pardoning Turkey
The President of the United States traditionally "pardons" a turkey from being slaughtered, and that turkey lives out its days on a farm.

ORDER IN A TRADITIONAL THANKSGIVING MEAL

Whole Foods
Marie Callender’s

ORDER IN A TRADITIONAL THANKSGIVING MEAL

Some easy dishes to make during Thanksgiving:
• Chicken Pot Pie
• Mashed Potatoes
• Cranberry Sauce

OR MAKE YOUR OWN!

FUN ACTIVITIES TO DO
• Uno/Jenga
• Karaoke
• Puzzle
• Room decoration
• Gratitude activities

Have you heard of these food options?

Food Organizations On Campus:
• Food Co-op
• Dollar Lunch Club
• Triton Food Pantry

UCSD Events During Fall Break

NOV 19
TRITON TREKKERS
9AM - 3PM

NOV 21
Yoga at the Library
3PM - 4PM

NOV 23 - 26
FALL BREAK CONNECTION
9AM - 3PM

NOV 25
WALK WITH A DOC
10AM - 11AM

Find More Events Here:
• iEvents Calendar
• University Centers Calendar

FALL BREAK CONNECTION:
The Fall Break Connection program gives UC San Diego international students and scholars the opportunity to spend some time with a local San Diego host family or community during the university’s Fall Break from classes. This year, the university’s Fall Break is November 23-26, 2023.

This exchange program is an opportunity for both international guests and hosts to learn more about each other’s cultures and meet new friends. Originally begun years ago as a “Thanksgiving exchange” with hosts and guests meeting to share a meal on the Thanksgiving holiday, the Fall Break Connection program has since expanded into an opportunity for the UC San Diego international community and local San Diego community members to exchange cultures, conversation, and food—with the opportunity to discover new friendships. Many students and hosts are returning participants each year! Learn more here
WATCH SOME FESTIVE TV

**Friends**
- Season 1 ep. 9
  The One Where Underdog Got Away
- Season 2 ep. 8
  The One with the List
- Season 3 ep. 9
  The One with the Football
- Season 4 ep. 8
  The One with Chandler in a Box
- Season 5 ep. 8
  The One with All the Thanksgivings
- Season 6 ep 9
  The one where Ross go high
- Season 7 ep. 8
  The one where Chandler doesn't like dogs
- Season 8 ep. 9
  The one with the Rumor
- Season 9 ep. 8
  The one with Rachel's Other Sister
- Season 10 ep. 8
  The one with the Late Thanksgiving

**Community**
- Season 4 ep. 5
  Cooperative Escapism in Familial Relations

**Gilmore Girls**
- Season 3 ep. 9
  A Deep-Fried Korean Thanksgiving

**Modern Family**
- Season 6 ep. 8 - Three Turkeys

**Full House**
- Season 1 ep. 9
  The Miracle of Thanksgiving
- Season 1 ep. 10 - Thanksgiving
- Season 5 ep. 7 - Two Turkeys

**Brooklyn Nine-Nine**
- Season 1 ep. 10 - Thanksgiving
- Season 2 ep. 8 - Two Turkeys

**Grey's Anatomy**
- Season 2 ep. 9 - Thanks for the Memories

**Parks and Recreation**
- Season 3 ep. 7 - Harvest Festival

**The Office**
- Season 7 ep. 9 - WUPHF.com

CATCH UP ON A PODCAST!

**Triton Tools & Ticbits**
- Listen now